



The National HEP/CAMP Association DC Internship

Weekly Journal Entry

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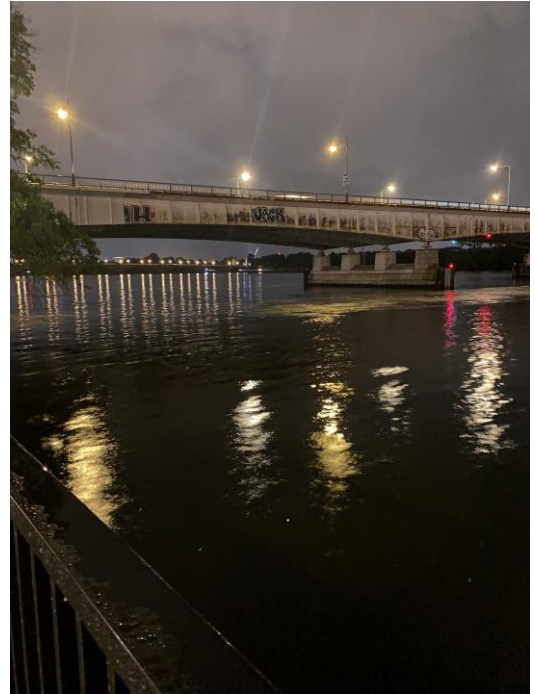
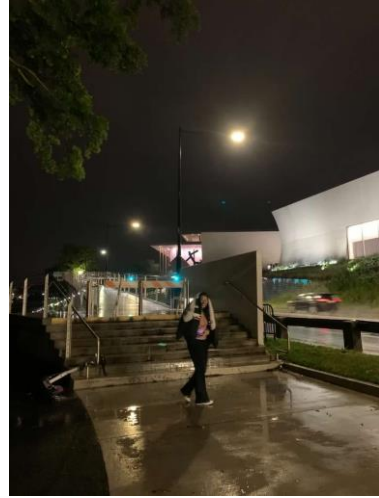
Date(s): July 3 - July 9, 2023

Monday, July 3, 2023

RAINY DAY

Most of the interns got the day off today, but I wasn't one of them. Yet I did not mind, there were some projects I really wanted to finish apart from the fact that I like being in the office. Mainly, when Willette is in as she is such a fun character to be around with. Today, I mainly spent the day finishing some of the assigned assignments for the USDA E. Kika De La Garza Fellowship Program.

After work, I headed home when it started to rain. This was the first time it was raining hard with lightning and thunder. I was so excited by the weather that I FaceTime my mom to show her. Later in the night, I decided to go out for a walk with one of the CHCI interns, and we sat down to watch the rain fall.



Tuesday, July 4, 2023

4TH OF JULY!!

As a Jehovah Witness, we do not celebrate the 4th of July, and I didn't really have plans for the day. Yet at the very last minute, some of the sisters from the congregation invited me to have brunch at their house. Later, other sisters picked me up from the dorms, and we headed to eat Peruvian food. After talking and laughing a little, I was scheduled to go home but instead, they invited me to go with them to visit friends.

I do have to say though, I am glad I was invited as Katie (KT) and Josue were there and this was really where our strong friendship developed as well with the Garica's sister that invited me. They also had the cutest dog named Roma, who was so loving and playful. We were able to get pretty close. We watched a movie, playing pool and board games (exploding kittens, highly recommend playing if you have not already), and eating pizza while watching the fireworks.



Wednesday, July 5 - Thursday, July 6, 2023

RAINY DAY PT 2...

This whole week has been a rainy week, which I loved. Being able to sit and just watch the rain is a nice feeling. The only not-so-good thing about it is when you do not have an umbrella. We are more than halfway done with the HEP/CAMP National Internship, and I still can't get into the habit of carrying an umbrella. Work wise the load has been reasonable and a plus of being located on the 5th floor is the view. When it rains during work hours, I really enjoy the view.



Friday, July 7, 2023

TAKING A SICK DAY

The night before I started to feel a little sick so I headed to bed pretty early in the hopes that I would wake up feeling better. Boy was I wrong tho, I woke up and decided to let CHCI know that I was going to use a sick day. I had little to no energy to get up and cook so I doordashed prescription chicken (they have really good chicken noodle soup, my favorite for when I am feeling sick).

I got to say that the chicken soup must have some magic in it because I suddenly started to feel way better. Tip 8, MAKE LASTING FRIENDSHIPS WITH YOUR INTERN COHORT. I say this because not only was my roommate really nice in ordering medicine for me, but two other interns also made sure I was okay and brought me a lot of cranberry juice and electrolyte.

Later in the night, I took a walk down to Georgetown, I ordered boba and pizza, and sat down by the harbor. Once I was home, I went into Anna's and Maria's dorm where we played "We're not really strangers".



Saturday, July 8 - July 9, 2023

2023 CONVENTION PROGRAM

This weekend I had the chance to attend the 2023 “Exercise Patience”! Convention Program for our church. A little background info: the convention is a 3-day convention that usually starts around 9:30 a.m. and ends anywhere from 4:00 p.m. to 5:00 p.m. The convention is filled with music, videos, symposium speakers, dramatic Bible readings, and a featured drama.

Saturday after the convention, we went ahead and ate at this Mexican restaurant. Sunday after the convention, friends invited me to go eat pupusas at their home. I am obsessed with their pupusas.

