



The National HEPCAMP Association DC Internship

Weekly Journal Entry

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Monday

With the internship coming to an end, I woke up feeling mixed emotions. I am excited to go back home, but saddened that I will be leaving a place I was able to make so many connections with. Reflecting I realized I may never be able to be in the same place as the other 27 CHCI interns whom I've grown close to. Today, I had a long day ahead of me. I was able to work from home for the first 3 hours of the day, however the rest of my shift was spent at the Department of Education. During my break I was able to have lunch with Maria and Lezlie. It was then that we, along with the other CHCI interns left for the Department of Education. There were some tasks I had to get done, so I ended my day at 4 p.m. Summing up the day, I took the Metro 7 times and only spent \$.72 thanks to my monthly Metro pass. After a long day, a couple of friends and I stayed up late watching a show.

Tuesday

Since I slept late last night, I woke up a bit before 9 a.m. giving me 20 minutes to get ready. Today, I started my shift from home again. When I logged into my laptop the first thing I did was check my schedule for any meetings. Since I had no meetings scheduled in the morning, I made myself some breakfast and continued to work. I did have to attend a couple meetings after breakfast as well as complete some tasks. Around noon, I took the Metro to have lunch with three friends, Maria, Annai, and Lezlie. After lunch, I took this opportunity to head over to the Department of Education to finish some uncompleted tasks from the day before. I left around 3 p.m. and worked from home until 4:30 p.m. Finishing my shift, I decided to take a small nap and slept until 6 p.m. I woke up feeling disoriented since I had not expected to sleep that long. After my nap, I headed over to Ben and Jesus' apartment since everyone had planned to gather there. During this gathering Eva cut Ben's hair in preparation for tomorrow's CHCI graduation ceremony. Again, we stayed up late engaging in different activities such as talking and playing Among Us. I had a lot of fun and was glad I had a chance to bond with everyone.

Wednesday

Today I took over the Sac State CAMP Instagram account to document a day in my life. My day was off to a good start, before I went to work, I decided to stop by the Blue Lane Café and order a Vanilla Latte with an egg and cheese croissant. Unfortunately, I was a bit late to work and got to the Department of Education around 9:30 a.m.. As I was walking in the lobby, I overheard the voice of the Secretary coming from the auditorium. It was my first time seeing him in person so I decided to stay for the remainder of his speech and ask for a picture. I was a bit disappointed when I saw him leave after his speech but to my surprise, when I exited the auditorium I saw him again. I patiently waited for him to finish his conversation and asked for a picture. After, I went up to the fourth floor where I continued to work until 3 p.m. Somewhere along the line, I decided to meet up with Maria and Lezlie for lunch.

After work, I decided to take a bath at Shenkman to get ready for the CHCI graduation. I arrived at NAB around 5:10 p.m. before the guests arrived. Prior to the initiation of the ceremony, we rehearsed the schedule program and the formation we would use to receive our diplomas. The programming started around 5:40 p.m. During the ceremony, we had a guest speaker and an intern speaker, Eva. Following the speeches, we all got in line to receive our diplomas. About 20 minutes later, two congress members, Rep. Chuy Garcia and Rep. Delia Ramirez, shared words of motivation. Around 7:30 p.m, we all had the opportunity to take pictures. Throughout my whole day I made sure to keep the CAMP Instagram updated. I was glad I was able to share my day with the Sac State CAMP Instagram as well as answer any questions they had for me.



Thursday

After a long and exhausting day yesterday, I woke up early to make breakfast and get ready for my scheduled morning meetings. Today I worked from home for a while and made my way to the Department of Education around 10 a.m. For the first time, I was meeting some co-workers I had only had a chance to work with online. Upon my arrival I met my coworker Dylan Hart and I later met up with everyone from Group 1. After our meeting, Millie, Jessica, Tiawana, Dylan and I ate lunch together and had a nice conversation. As lunch was coming to an end, everyone said their goodbyes, wished me the best, and shared some words of wisdom. Following lunch, I continued to work in the Department of Education and sometime around 3:30 p.m Dylan and I began to discuss Regulations, Statues, and non-regulatory guidance. I was fortunate because Dylan was very knowledgeable and I had the opportunity to ask questions regarding

HEP and CAMP. He was able to answer all of my questions which ranged from recruitment to budget to policy. After work, a couple of other interns and I met up to watch Baddies South. At the end of the third episode, I went back to my place and fell asleep. I can not believe that today marked the end of week 9.



Friday

Today's CHCI programming was different because we all had to create a blog post about a current event or an issue in the world. Since only half the class was there, we all had to present our post. My blog post was on CA AB 1766 also known as the California ID. For those that are not familiar with the terms, this would mean the state ID could be given to all the residents to prove that they live within California borders regardless of their immigration status. After class we had lunch.

A member of Leadership of Education Equity (LEE) came to talk to us. She informed us that we are now all part of LEE. She then explained all of the benefits of LEE. Following her, two CHCI alumni shared their stories with us. One of the speakers went to law school and the other got their master's degree. Once they finished sharing their stories, we were able to ask questions. After CHCI programming I took a nap and then went to Maria and Annai's place. Upon my arrival, I noticed Chris was there and he was making chocolate covered strawberries and bananas. Once they were ready we put on the movie Close and enjoyed the treats. Close is an incredible movie and rewatching it reminded me of how much I cried after the first time I watched it. When the movie came to an end, Chris and I went to Ben's place where we stayed up late playing Among us and Roblox.

Weekend

I woke up late on Saturday still feeling a little tired. I did not want to make breakfast so Mia invited me to a coffee shop. While there I took the opportunity to finish journals number 7 & 8 which I had been missing. We left the coffee shop around noon then we went to the Eastern Market to buy a little artwork. As we were looking at the other items there, we ran into Anna and Abigail. We ended up leaving the Eastern Market around 2 p.m. and I decided to take a walk to Walgreens to purchase some Takis. When I got back, I watched a movie and continued to work on my journals.

I also woke up late on Sunday. After eating breakfast, Ben and I made our way to the Capital to take some headshots. After an hour, I got an Uber and headed to meet Fabiola in the Western Market. There we had lunch on the roof top and she introduced me to her friend Matt who works in the White House. We were there for a couple of hours then afterwards we went to a bookstore. I decided to walk around and not purchase any books. Afterwards, we went to room 623 to continue to watch Baddies South.

