

The National HEPCAMP Association DC Internship

Weekly Journal Entry

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Date(s): July 3 to July 9

Monday

On Monday I worked from home. I overslept and woke up 30 minutes before 9 am. I rushed to do my morning routine but I didn't have time for breakfast. I logged into my computer to see if there were any urgent matters. After checking that everything was set, I made myself a quick breakfast. I continued to work but my supervisor told me that I could get off at noon due to the secretary's orders. After work I didn't do much, we didn't have anything planned so I took the rest of the day as a self-care day, which I enjoy so much I slept early.

Tuesday

The Fourth of July is America's Independence Day. I woke up early to travel to Maryland because there was a garden I wanted to see. I spent a couple of hours exploring before heading back. In the afternoon Maria organized a carne asada. I got there around noon thinking everything would be ready but they couldn't get the fire going. Once we did, I helped them by cutting the sausage for the hot dogs. I accidentally dropped them but only a few touched the ground. We ate then we had to get ready because we were going to attend the concert in front of the capitol. We were there from 3:30 pm to 10 pm. The heat was horrible and it rained a bit. The D.C. weather has become a hit-and-miss. Once we got home we called it an early night. I can now say that I got to experience the 4th of July in Washington D.C.







Wednesday

After the 4th of July night waking up was a mission. Today I worked from home and so did my supervisor. We were going to be testing things that took us most of the day. During my lunch, I decided to check out a bookstore in the wharf but the bookstore wasn't open, so I decided to Uber back to my dorm and continue working from home. After work, I decided to go to another bookstore. To end the night I went to Starbucks.





Thursday

Today I had a long morning. I went into the Department of Education because one of my supervisors was going to be in. I enjoyed talking to him and having a coworker whom I could ask questions to. I stayed the whole shift in the department. I didn't do much after work. I took a nap, afterward I went to Maria and Annai's rooms and spent some time talking.



Friday

Today was a great day, but it was long. We started with CHCI programming where we discuss topics like voting rights, Affirmative Action, and more. Some interns and I left programming around 11 am because we had lunch with Marco Davis, President and CEO of CHCI, in the National Democratic Club (NDC). We had conversations and the opportunity to ask him questions. Around 1 pm, after our lunch, we had to head back to CHCI programming where we continued to have the same discussions. After CHCI programming we decided to throw a birthday party for Abigail which was a lot of fun.





Weekend

On Saturday morning I slept in. I didn't have any initial plans. I went to buy socks but I did look for other things. After shopping I went back to my dorm for lunch and to get ready because I was going to see a soccer game: DC United vs. Inter Miami. The game ended in a tie 2–2 but it was fun. The atmosphere of the fans sections was amazing. There was a part when the game was boring and I would look at the fans sections, they never stop singing and jumping. Sunday a CHCI intern organized lunch for all interns, but it turned out to be dinner. We had to dress up, but I didn't get the memo, so I was a little undressed. After dinner some of us went for a walk and took pictures. We came back and after an hour we met up with Julieta and Lezlie in a CHCI intern's room and we stayed there for a couple of hours.

