

# The National HEPCAMP Association DC Internship

Weekly Journal Entry Name: Antonio Gutierrez Estrada Date(s): June 12 – June 18

### Monday

I was not feeling very well on Monday, so I emailed my supervisor at 7:30 in the morning asking her for permission to work from home which was approved. I attended a couple of meetings and started working on my task for the week. Monday was a day to recover so I didn't do much. After work I relaxed, watched Netflix and took naps. I had an early dinner and went back to sleep. It was a perfect day to recover and recharge.

#### Tuesday

Today I returned to work at the Department of Education. In my cubicle I started doing some of my tasks and attended a meeting. For lunch I went to the Longworth building to meet Maria and Lezile in a park close by where they work. I got lost on my way out of the building and wondered for 10 minutes. I went running to the metro station and bought sushi for a quick lunch. Upon returning I continued to work and around 3 pm I went home because I wasn't feeling well. I went home and took a nap. When I woke up I went to Maria and Annai where we had dinner together and played UNO.







## Wednesday

The Congressional baseball game was the highlight of the day. I started the day working from my dorm and the weather wasn't looking good because it started raining in the morning. I thought the baseball game would be postponed but as the day continued the sky started to clear up. After work I started to get ready. Once the other interns, Maria, Anna, and Annai were ready to go we went to the stadium and met with Irene Bueno who invited us to the game and got us seats really close to the field. In the game I ate some pupusa that were good 10/10. I enjoyed watching the game and then the senator of New Mexico came up to us and we had a great conversation after the game we went home and finished the day.





## Thursday

I never thought that I would ever be in the White House watching the screening of a movie and that I would see president Biden in person but I did and it was one of the best days of the summer. I started the day the same as always working but this time I got everything done early. For lunch I went on a walk and after work, I got ready and headed to the White House. Once there I started eating the White House's Hot Cheetos that they hit differently from regular Hot Cheetos. That night I met tik tokers like Leo Gonzalez. I also met congress members, the actors and directors of the movie Flamin' Hot.







# Friday

Friday was a day I used to look forward to but now it is a day I need 3 cups of coffee to stay awake. Today instead of going to the NAB headquarters we went to the Washington Center. It was a cold morning, so we started the CHCI training with a good discussion about identity, ideology, and activism within the Latinx community. After CHCI training I went and played UNO with some CHCI interns and after we went on a late-night walk to the Washington monument, which was fun and had great and deep conversation.











## Weekend

Saturday started that day early at 9 am. We headed to Georgetown next to the Potamic River. There we went Kayaking which was the first time I have done it and it was fun and I would like to do it again. After an hour we got out and had breakfast. We walked around Georgetown for a while. Afterwards, I went to my room and took a nap. In the evening I went to Maria and Annai's room and played UNO, and then returned to my room to sleep. Sunday, I had my first coffee meeting with a CHCI alumni that worked on the hill and had a great conversation. Later that day I went to the zoo and met Maria, Anna, Annai, and Cris. Even though it was an extremely hot day I had fun.



