



## The National HEPCAMP Association DC Internship

### Weekly Journal Entry

Name: Brayan Guillermo Garcia

Date(s): 06/5/2023 - 06/11/23

#### Monday

Determined to experience the cultural diversity of the city, I ventured into the vibrant neighborhoods of Adams Morgan and Dupont Circle. The streets were alive with the sounds of different languages, and the eclectic mix of restaurants and shops offered a tantalizing array of global cuisines.

#### Tuesday

I began my Internship with UFW. I met many of the staff, Teresa Romero, (UFW President) Giev Kashkooli, (UFW 2nd Vice President), and Arturo S. Rodriguez (UFW former president). They all encouraged me to keep pursuing my career goals and advocate for my community and represent the minorities in my state.

#### Wednesday

I met with many representatives and members of Congress; like Senator Alex Padilla, Senator Ben Ray Lujan, and Representative Gabe Vasquez. In addition, I had the opportunity to share testimony regarding my farmwork experience with them.

#### Thursday

I learned about some of the bills and about the impacts some of them may have on certain communities if they were to get passed. In addition, I was shown how to predict future minimum wages in different states.

#### Friday

I participated in CHCI programming where I learned how to improve my strengths and weaknesses. They also gave me tips on how to prepare for my internship and gifted me books I could read.

#### Weekend

I took advantage of my weekend to explore the neighborhoods of D.C. I visited areas like Georgetown, Adams Morgan, and Dupont Circle, known for their vibrant atmosphere, shops, and restaurants. Exploring its historic landmarks and immersing myself in its vibrant neighborhoods. I can already feel the immense cultural and historical significance of this city. I can't wait to see what the coming weeks will bring as I continue to uncover the hidden gems and stories that make Washington, D.C. truly unique. In addition, I and the rest of the interns went to the pride parade and had a wonderful time there. The people who participated radiated with energy and love for their community and their people.

